

## **DIDI KRISHNA KUMARI BIO**

Some people are born to inspire by being a source of motivation and a catalyst for social change. One among them is Didi Krishna Kumari. Fondly referred to today as “Didi,” which means elder sister, she took her first steps on the path of spirituality and service at the tender age of three. Since then, she was mentored by her Gurus, Sadhu T. L. Vaswani and Revered Dada J. P. Vaswani—visionary spiritual leaders, educationists, philosophers, and saints of modern India whose message attracted spiritual seekers from every walk of life.

### **Historical Background**

From a young age, Sadhu T. L. Vaswani mined sacred texts from around the world and shared his wisdom with an endearing simplicity and practicality. His seminars on the Bhagavad Gita and the Upanishads made waves in pre-Independence India, and in 1910, he was one of the youngest speakers invited to address the World Congress of Religions in Germany. After the partition between India and Pakistan, he and his chief disciple Dada J. P. Vaswani helped rebuild the morale of the Sindhi community, a cultural subgroup with a rich legacy that had been rendered stateless by the partition. After his Guru’s passing, Dada J. P. Vaswani carried the message of spiritual oneness and love in action throughout the world, traveling to every continent and bringing inspiration and enlightenment to hundreds of thousands with a blend of humor, poignancy, and timelessness.

After Dada Vaswani’s passing in 2018, Didi Krishna took over the mantle of leadership. The Sadhu Vaswani Mission, a nonprofit organization based in Pune, India, has grown to encompass more than 60 centers in five continents. For over nine decades, through its charitable activities and service initiatives in the spheres of education, healthcare, spirituality, humanitarian and social projects, the Mission has made an impact on several segments of society.

For Didi Krishna Kumari, to live is to give and to lead is to serve. Her thoughts, words, and deeds reflect the teachings of her master, Revered Dada J. P. Vaswani, and she has been focused on taking forward her masters’ legacy by dedicating her life to serving the mission. Along with her spiritual education, she also went on to obtain a post-graduate degree in Commerce and Business Law. She applied this training to her role as the Chairperson of the Mission, helping transform her masters’ vision into reality. She is a leader with a very high EQ and SQ – the special Spiritual Quotient that sets her apart from others.

### **Education**

As the Head of the Mission, Didi Krishna serves on the board that manages a network of more than 18 schools and colleges across India, serving 20,000 students per year that focus on women’s education, and some institutes also provide generous and complete scholarships to children from diverse and underprivileged communities. St. Mira’s College, which was founded 62 years ago, was one of the first few colleges established exclusively for women. It has grown from humble beginnings to a robust institution acknowledged as one of the best educational institutes in India. The motto of the college is ‘Kindle the Light’, and the mission statement of the college is – “To empower and equip students through an integrated education of the Head, Hand and Heart, to successfully meet the challenges of competitive work life and inculcate in them the Art of True Living”.

## **Healthcare & Medicine**

Didi Krishna is also on the board of the Sadhu Vaswani Medical Complex that manages several multi-specialty hospitals and clinics where all diagnostics, procedures, surgeries, and treatments are made available to every patient in need at subsidized costs, including free medical care to those in need. The Medical Complex was born out of the vision of Dada J.P. Vaswani to create a 'Temple of Healing' - Hospitals and clinics where every patient would be seen as a picture of God and treated with care, respect and dignity, as worship unto God. Free and subsidized patient clinics have been providing medical care in the city of Pune to more than 60,000 underprivileged patients every year for over five decades.

## **Global Influence**

Chosen to accompany Revered Dada on his many pilgrimages all over the world, Didi was blessed to witness his meetings at the United Nations, and with world spiritual leaders at eminent forums like the World Parliament of Religions, the World Hindu Conferences, Global Conference of Spiritual and Parliamentary Leaders, and multiple gatherings of World Vision and other spiritual and interfaith forums. Didi Krishna was the administrative and executive brain behind the mammoth public gatherings in which world luminaries like Mother Teresa, the Dalai Lama, and the Prime Minister and Presidents of India came to Pune to share a dais with Rev. Dada at the Sadhu Vaswani Mission. Didi continues to interact with distinguished interfaith and national leaders, spreading Dada's message. She was recently invited to meet Shri Narendra Modi, the Honorable Prime Minister of India and Shrimati Draupadi Murmu, the Honorable President of India who expressed deep interest in the Mission's work. Didi shared with them the Mission's focus: "Cultivation of the soul, selfless service, and character-building education."

## **Spirituality and Mindfulness**

The Sadhu Vaswani Mission has also initiated the "Moment of Calm", a global peace movement that aims to bring serenity in the hearts of people through the power of forgiveness, silence, and love. The goal is to help people experience true joy and peace by forgiving and in turn allowing for positive, inspired living. To further harness the healing power of forgiveness, August 2nd, Dada Vaswani's birthday is now celebrated as a Global Forgiveness Day.

Didi Krishna is a true renaissance woman who uniquely embodies graceful, authentic, collaborative, and inclusive female leadership. She is an inspiration and her motivational talks appeal to individuals from all walks of life. Her practical suggestions empower you to rewrite your life's story and achieve the goals you set for yourself. Didi Krishna is a strong advocate of both mental and spiritual wellbeing as being the building blocks of overall health. As a proponent of mindfulness practices such as meditation, conscious breathing, and positive affirmations, she effortlessly guides her listeners in applying these techniques in one's everyday life. The teachings that she imparts, help us reflect, refresh, and reset our attitude, enabling us to become resilient and develop a positive mindset. Didi Krishna is truly a guiding force to many and is regarded as an epitome of humility, simplicity, compassion, and dynamism. Her devotion and dedication to the humanitarian and philanthropic causes that she serves and lives for is paramount.

Select uplifting messages (1 to 2 minutes)

*What is the definition of Dharma?*

<https://www.instagram.com/p/CmxsYeLoRff/?hl=en>

*What is true peace?*

<https://www.instagram.com/reel/CuqRHfrNjaB/?igsh=czl6M2dj21yb2N5>

*How to begin your day?*

<https://www.instagram.com/reel/CkzTqU7M5zv/?igshid=YmMyMTA2M2Y=>

*Do your words have power?*

<https://www.instagram.com/reel/CyCXwcLNeI2/?igsh=emJ6b3R3dXVlc2Zs>

*How to melt away difficulties?*

<https://www.instagram.com/reel/CsH2IewsQFo/?igsh=Z3F0bjJuamwwcWUz>

*What is within your control?*

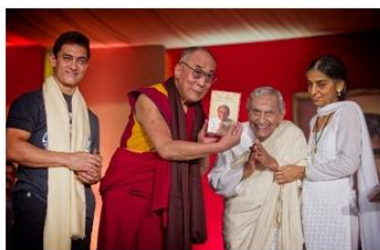
<https://www.instagram.com/reel/CssBeekth0E/?igsh=MTlrODNpYjU4ZTJwZQ%3D%3D>

*Charge Yourself*

<https://www.instagram.com/reel/Ct0FM1dMmTc/?igsh=ZDB2cmZkNnhhZXJv>



Dada and Didi Krishna with HH Pope Francis



Dada and Didi Krishna with HH Dalai Lama and Aamir Khan



Dada and Didi Krishna with HH Dalai Lama



Didi Krishna with Mother Teresa



Didi Krishna with PM Shri Narendra Modi



Didi Krishna with HH Dr. Imam Umer Ahmed Ilyasi and HH Acharya Dr. Lokesh Muni